



# NOWOTARSKI CHIROPRACTIC & PHYSICAL THERAPY CENTER

3443 Penn Ave.  
Sinking Spring, PA  
(610) 678-8600

## Personal Information | Please supply the following:

Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Date: \_\_\_\_\_ Employer & Address: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Spouse's Name: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Spouse's Employer: \_\_\_\_\_

Social Security #: \_\_\_\_\_ Any previous chiropractic care? \_\_\_\_\_

Sex: M F If yes, when? By whom? \_\_\_\_\_

DOB: / / Age: \_\_\_\_\_ Referred by: \_\_\_\_\_

## Case History | Please answer these questions as completely as possible.

What is your major problem? \_\_\_\_\_

When did it start? \_\_\_\_\_ Was it: SUDDEN / GRADUAL ONSET

What caused it? \_\_\_\_\_

Have you had this before? \_\_\_\_\_ If so, when? \_\_\_\_\_

Is it: GETTING BETTER / GETTING WORSE / STAYING THE SAME

Is the pain: SHARP / DULL / BURNING / TINGLING / ACHING / OTHER

Is the pain: MILD / MODERATE / SEVERE / CONTINUOUS / OFF AND ON

When is it worse: MORNING / AFTERNOON / EVENING / DURING SLEEP

What activities make it worse? \_\_\_\_\_

What makes it feel better? \_\_\_\_\_

Does it interfere with: SLEEP / WORK / PLAY / OTHER

Have you been treated for this before? \_\_\_\_\_ If so, by whom? When last?

Are you taking medication for any reason? \_\_\_\_\_ If yes, what?

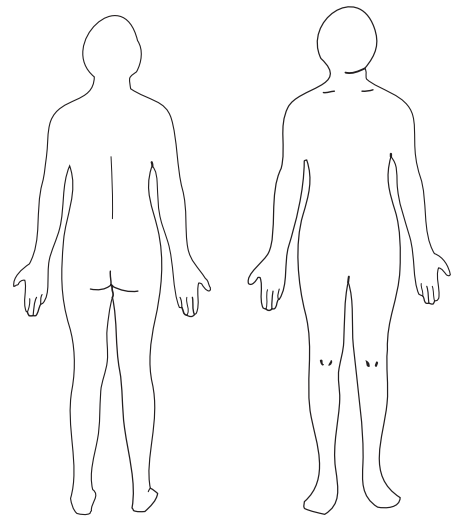
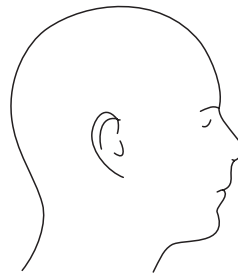
**Case History, Cont'd** | Please check the appropriate boxes

| PAST                     | NOW  | PAST                     | NOW   | PAST                     | NOW   |
|--------------------------|--|--------------------------|---|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> | <input type="checkbox"/> Constipation       | <input type="checkbox"/> | <input type="checkbox"/> Headaches          |
| <input type="checkbox"/> | <input type="checkbox"/> Heart trouble       | <input type="checkbox"/> | <input type="checkbox"/> Urination problems | <input type="checkbox"/> | <input type="checkbox"/> Eye problems       |
| <input type="checkbox"/> | <input type="checkbox"/> Chest pain          | <input type="checkbox"/> | <input type="checkbox"/> Kidney problems    | <input type="checkbox"/> | <input type="checkbox"/> Ear problems       |
| <input type="checkbox"/> | <input type="checkbox"/> Stroke              | <input type="checkbox"/> | <input type="checkbox"/> Prostate problems  | <input type="checkbox"/> | <input type="checkbox"/> Sinus problems     |
| <input type="checkbox"/> | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> | <input type="checkbox"/> Menstrual cramps   | <input type="checkbox"/> | <input type="checkbox"/> Throat problems    |
| <input type="checkbox"/> | <input type="checkbox"/> Cancer              | <input type="checkbox"/> | <input type="checkbox"/> Excessive flow     | <input type="checkbox"/> | <input type="checkbox"/> Dizziness          |
| <input type="checkbox"/> | <input type="checkbox"/> Digestive problems  | <input type="checkbox"/> | <input type="checkbox"/> Irregular cycles   | <input type="checkbox"/> | <input type="checkbox"/> Emotional problems |
| <input type="checkbox"/> | <input type="checkbox"/> Diarrhea            | <input type="checkbox"/> | <input type="checkbox"/> Breast problems    | <input type="checkbox"/> | <input type="checkbox"/> Weight changes     |

**Current Medical Complaints** | Please fill out completely

Please indicate the appropriate location of pain and the symbol that best describes the discomfort you are presently experiencing:

- Sharp and stabbing: + + + +
- Dull and aching: V V V V
- Pins and needles: o o o o o
- Numbness: / / / / / / / /



How would you rate your pain intensity?  
 😊 0 1 2 3 4 5 6 7 8 9 10 ☹️

Please describe other medical complaints: \_\_\_\_\_

Any other health problems that you are aware of: (accidents, surgeries, hospitalizations, etc.) \_\_\_\_\_

Family history of disease: (heart problems, diabetes, etc.) \_\_\_\_\_

**Office Policy** | Please read the policy and sign below

This office will prepare and submit, at no cost to the patient, all necessary insurance claim forms. We also accept assignment, provided that: the insurance pays for chiropractic office visits & therapy, the patient pays in advance the outstanding deductibles and co-pays, and the patient pays for all non-covered services. If payment is made directly to the patient by the insurance company, the patient

agrees to pay, within 5 days of receipt, that amount plus any outstanding balances. Should the patient terminate or suspend care from this office, or be released from treatment by this office, any outstanding balances will be paid within 5 days of said termination.

I understand that if my insurance does not pay within 30 days of claim submission, I will be responsible for

the balance due at that time. I will personally contact my insurance company if there are problems with the payment. Ultimately, it is my responsibility to settle any outstanding balance in the office.

***I have read the above office policy and I have agreed to comply fully with all of the provisions as evidenced by my signature below.***

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_